

THE LARK

December 2019

Meadowhill.net



MEADOW HILL VOLUNTEER – DAREN HILL



Meadow Hills resident, Daren Hill, is one of many residents who volunteer their time and talents to organizations they feel passionate about. Daren's passion is the health and welfare of the clients she works with and the people of Glastonbury.

Daren has been the Regional Admissions Manager at Gaylord Hospital in Wallingford for the past 14 years. She has her degree in Nursing from Northeastern University and has her CCM (Certified Case Manager) designation. CCM is a credential earned after passing an exam which shows expertise and experience in providing the right services to patients across the continuum of care who have complex medical conditions.

Daren has lived at Meadow Hill for 4 years. Prior to this, she lived in Cheshire for 25 years where she raised her two daughters. Daren loves to get her exercise doing Barre yoga and

in her spare time she visits her daughter Jen and her husband in NYC and her daughter Liz and her husband in Boston. She currently is volunteering on the Commission on Aging in the Town of Glastonbury. The Commission On Aging consists of seven (7) regular voting members appointed by the Town Council. The commission proposes and evaluates programs and services for the elderly in the community, and assists the Town staff in the development, initiation, coordination, and implementation of programs and services for senior residents.

COA has been actively working on a survey for the town, AGE FRIENDLY SURVEY, to help the town better promote services for the elderly. Maybe some of our residents participated in this survey. Following the tabulation of survey results done by a hired consultant, there will be focus groups lead by this consultant to follow up on the results. The goal of the town of Glastonbury is to allow townspeople to 'age in place' and not have to move from Glastonbury as they age.

The Commission on Aging applied to the AARP organization to be designated as an AARP Age Friendly Town and received the designation in June 2018. Only three other towns in CT have this designation, Simsbury, Greenwich, Newtown.

Further information on the Commission on Aging and the work that it does can be found on the Glastonbury website, www.glastonbury-ct.gov.

Special thanks go out to Daren for her volunteer work in the Town of Glastonbury and to all other folks who volunteer to make life better for others.



Meadow Hill Holiday Party December 7th from 5pm until 8pm at the Clubhouse.

860-633-4556

Payment must be delivered to Barbara Masse,

no later than December 1th

unit 203, 860-633-4556

Make Checks payable to Meadow Hill Social Club

Last Call!



*The Holiday Season
is a perfect time
to reflect on our blessings
and seek out ways
to make life better
for those around us.*

MEADOW HILL BOOK CLUB



The Meadow Hill Book Group has been discussing books for the past 10 years and is still going strong. Initially meetings were held at the Hollister House but we now use the conference room at the clubhouse, where the parking is more accessible.

Book selections run the gamut of genres: fiction, non-fiction, biographies, etc. – with the stipulation that we be able to obtain copies through the Glastonbury library system, which encompasses surrounding towns. Members take turns facilitating the discussions, which usually includes some research about the author

We meet the first Tuesday of the month at 1:00 and typically there are about a dozen readers present, out of a roster that currently totals 18 (having started out a decade ago with about a third of that number). All

Meadow Hill residents are welcome to join the group at any of the meetings. Books being read are shown in the Lark.

FRIENDS OF THE RIVER ACCOMPLISHMENTS 2019

The Friends of the River Committee, as part of the Meadow Hill volunteer teams, has accomplished quite a bit this calendar year.

With the approval of the Board of directors, a new railing on the bridge crossing the Meadow Drain has been constructed by our maintenance staff.

The path leading from our barn to the river has been improved. This, coupled with extended clearing along the edge of the river and the edge of the stream, has contributed to the best view of the area.

Eagles, hawks, and herons are common sights. Boats, from skulls to motor boats ply the river in season and create a stark contrast to the quiet and peaceful river that we see for most of the year.

Gardening continues to be a very popular activity during the spring, summer and fall seasons. Two picnic tables are available for use by residents to rest or enjoy the views.

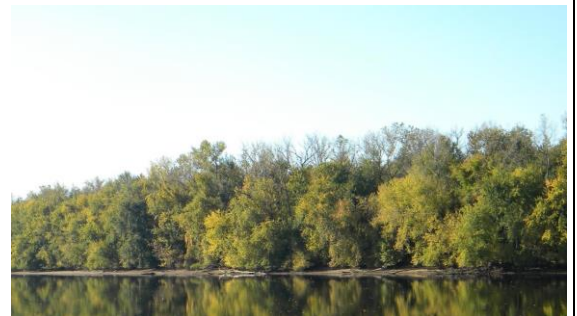
Walking up from the river, the view is stunning in the fall with its beauty of the natural foliage and by the Montauk Daisies, Sedum and Juniper on the hillside.

Several people are crossing our land regularly, using the appropriate right of way, from hikers to groups of school-aged children, enjoying all of the beauty that this area provides.

The Board of Directors and the Friends of the River encourage all residents to avail themselves of one of our natural and everlasting assets at Meadow Hill.



These pictures are examples of the dramatic and unusual sights that can be seen on the river. One photo shows a replica of the Henry Morgan ship that discovered the Connecticut River many years ago. The other photo shows the beauty of the river during the change of seasons.



BINGO IS HERE!!!

Approximately fifteen Meadow Hill folks got together on Monday, November 18 to play the ever-favorite Bingo. Cards were purchased and prizes given using the money brought in. If you have any questions or suggestions, please call Kim Trela at 203-915-4125. There will be no Bingo in December or January due to weather but watch for the flyer announcing the day and time in February.



EXPRESSIONS OF GRATITUDE



During the holiday season, we like to express our sincere appreciation to Darien and Mike for going above and beyond for us this year.

You may express your gratitude with a holiday gift in either of the following ways:

- **Contribute toward a group Holiday Bonus:** Please make checks payable to "Meadow Hill, Inc." with the notation "Holiday Bonus". The checks should be delivered/mailed to Sheila Duncan at Imagineers (635 Farmington Ave., Hartford, CT 06105) no later than Wednesday, December 11th.
- **Contribute individually** by making a personal gift to them.

GLASTONBURY HAPPENINGS

Medicare Annual Open Enrollment runs from October 15-December 7, 2019

Now is the time to review your Medicare coverage plans. Be sure to read all notices sent to you by your insurer(s) as there may be changes in your plan(s) that may affect your coverage and costs in 2020. During Open Enrollment, which runs through December 7, you can: join or change a Part D Plan (prescription drugs); return to original Medicare from a Medicare Advantage Plan; or enroll in or change Medicare Advantage plans.

For more information you can call the plan directly, call Medicare (1-800-633-4227), go to www.medicare.gov, or make an appointment with one of the CHOICES - trained counselors at the Riverfront Community Center (860-652-7634.)



Jingle Bell Rock Holiday Luncheon

Senior Services is hosting a holiday luncheon at the Riverfront Community Center, Thursday, December 12, 2019 at 12:00 pm. Entertainment will be provided by Tom Stankus (aka T-bone) at 12:30. Residents: \$5.00 NonResidents: \$6.00 (Must be purchased by Monday, December 9, 2019 at 1:00 pm).

For more information on the many programs offered at the Senior Center, click [here](#) to check out the Sharing tree or pick up a copy at the Senior Center.

SOCIAL HAPPENINGS



Holiday Party December 7th

**Featuring a Holiday Sing-Along with
Jeff Weiselberg at the Piano**

Great Food and Good Company

December 7th, from 5pm until...

You won't want to miss it!



Jeff Weiselberg began taking piano lessons at age 7 and played in bands while in high school and college. After one year of graduate school he decided to pursue a musical career and has been performing fulltime ever since, singing and playing the piano in the Hartford area and throughout the state since 1976. He was a founding member of two popular Connecticut bands in the late 1970's and early 1980's, **CLOCKWORD** and **RIVERSIDE DRIVERS**. He performs a wide variety of popular songs (pop, jazz, blues, rock and Broadway). Jeff will entertain us during the evening and also will lead us in a Holiday Sing-Along.

Join your Meadow Hill friends for good food, good company and a fun filled evening of Holiday music.

For information call Denise Weeks, at 860-918-2115.

CAROL SING – SAVE THE DATE



Join us for a Carol Sing on the Green near the flag pole.

December 12th at 3:30.

Music is provided.

If anyone knows of someone who is homebound, call Sandy.

The group will walk to their unit.

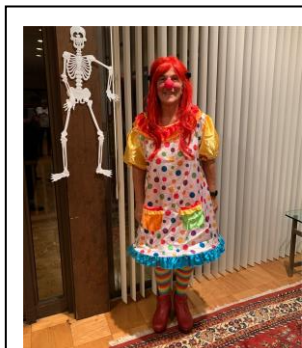
Call Sandy O'Leary 860-916-0740 for more information.



JINGLE BELL ROCK HOLIDAY LUNCHEON



Our
**October 31st
Halloween Party**
had a solid turnout and was great fun. We would like to give thanks to Sandy O'Leary and her committee – Sue O'Keefe, Hazel and Dick Brimley, Kim Trela, Dana Kubachka and Linda Fay for their efforts. Here are some photos of the event.



Old Man Winter is upon us!



When we expect cold temperatures and accumulating snow PLEASE

- Move your car away from the parking areas next to garages before the storm begins.
- Do not park in front of a garage door.
- Do not park in the three spaces in the island by the Clubhouse.
- Remove your entrance mat(s) as they can be drawn into the snow blower and cause damage or shred your mat. After the storm ends, when plowing and snow blowing are completed, you may replace your entrance mat.
- Turn on roof-heating cables (if you have them) when snow begins to fall. They can be turned off when the roof is clear of snow. Use of the cables reduces the risk of you and/or Meadow Hill suffering ice damage.
- Arrange to have roof-heating cables turned on if you will be away during potentially snowy weather.
- In very cold weather open cabinet doors under sinks on outside walls to let in warmer air.
- On very cold nights let faucets drip to keep pipes from freezing.
- If you're able to do it, turn off the water valve to outside faucets.
- Don't forget to water plants in the greenhouse.

KEY DATES

12th - Annual Budget Meeting

18th - Board Meeting

19th - Snow Date for Annual Budget Meeting

7th - Annual Holiday Party

12th - Caroling on the Green

12th Jingle Bell Rock Holiday Luncheon

MEADOW HILL RESIDENT NOTES

Welcome New Resident - Please welcome Judy Gregg in Unit #133. Her phone number is 860-918-8068.

Crafts and Needlework - If you enjoy knitting or crocheting and enjoy giving items to those in need, please contact Linda Fillion at 860-559-5504 or email Lfillion@cox.net for details. Items such as baby hats, booties, lap robes and prayer shawls are really appreciated by Middlesex Hospital, where we donate about 96 such items per year through our monthly deliveries.

Game Night - 1st Wednesday of December. Time is moving to 1 p.m. to 3pm in the Clubhouse. Sue and Emil Ostrowski are coordinating. 860-306-9508.

Book Club meets on the first Tuesday of the month at 1:00 at the Clubhouse. Everyone is welcome. If you would like to learn more, please call Carol Frederickson at 860-633-0158.

December book: Beartown by Fredrik Backman

January book: The Island of Sea Women by Lisa See

Clubhouse Rentals - For all rentals and scheduling of the clubhouse or Hollister House, please contact Marge DeMay at 860-633-6599, Unit #90.

Clubhouse - The Clubhouse is open for all residents every day. Come enjoy the gym, play pool with a friend or check your email. In the event of a scheduled rental, board meeting, etc., the upstairs room will be closed.

Lark Submissions Please contact Gene Flynn at 860-212-7347 for more information on submitting articles and notices.

MANAGEMENT COMPANY

IMAGINEERS, LLC
635 Farmington Ave.
Hartford, CT 06105

Property Manager: Sheila Duncan
860-768-3419
Assistant Manager: Lauren Figge
860-768-3313

BOARD OF DIRECTORS

PRESIDENT
Luther Weeks
860-918-2115

VICE PRESIDENT
Ed Litke
860-430-9611

SECRETARY
Connie Liscomb
860-659-7819

TREASURER
Larry Abbott
860-682-2543

DIRECTOR
Tom Lombardo
860-652-0090

DIRECTOR
unfilled

To Email Management staff or Board Member click on <https://tinyurl.com/MHillContacts>

BOARD MEETINGS

Monthly Board meetings are held on the third Wednesday of each month at 1:30pm in the Clubhouse.

Listening Session February 11 7pm at the clubhouse

THE NEXT MEETING

Dec 18th

1:30 PM

IN THE CLUBHOUSE

Current and previous meeting minutes can be found at www.meadowhill.net

Hard copy minutes are available at the clubhouse office one week following the meeting.

MEADOW HILL COMMITTEES

Advisory committees play an important role in Meadow Hill. They provide information and work that improves Meadow Hill beyond what the Board and Manager can do without assistance. If you would like to contribute to making Meadow Hill even better or if you feel your views or those of your area are not fully represented on a Committee, consider joining a committee. Here is a list of current committee chairs.



Amenities: OPEN

Budget: L. Abbott(C/L)

Nominating: L. Abbott(C/L)

Grounds: M. Proulx(C), C. Liscomb(L),

Trees: G. Flynn (C), T. Lombardo (L)

Stables: E. Lembo (C), E. Litke(L)

Social: S. O'Leary(C), L. Abbott(L)

Rental: M. DeMay (C), L. Weeks (L)

Communications: G. Flynn (C), L. Weeks (L)

Friends of the River: R. Bouchard (C), B. Kolwitz (C), L. Abbott(L)

Vegetable Garden: D. Fillion(C), L. Abbott(L)

Maintenance: L. Weeks (C), E. Litke(L)

Greenhouse: S. MacGregor(C), L. Weeks(L)

Rules: L. Weeks (C), L. Abbott & T. Lombardo (L)

Key: (C) – Chair, (L) – Liaison

REQUESTS AND REPORTS TO THE BOARD

Committees and Residents should submit agenda requests and reports to Imagineers 10 days before the monthly Board meeting.

To email Board Members or submit work orders refer to the MeadowHill.net.