

THE LARK

Mar-Apr 2026 LARK

Meadowhill.net



Hollister House Update



After several delays during the renovation process, the Hollister House is finally ready to be presented to the market. As I write this article the final touches are being completed and the property will be listed within the next few days. For those of you that are familiar with the interior of the Hollister House, you will no longer recognize it. The builder has done a masterful job of transforming this historical

landmark into a beautiful home with a more contemporary look, while salvaging just a bit of the original design features. Soon this beautiful home will be occupied with new owners who will become a welcomed addition to the Meadow Hill community. By the time you read this article it may already be sold. Frank Cisz

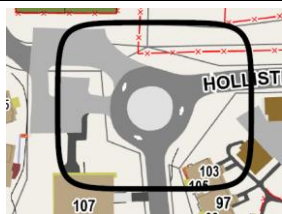
Roof Project

At this point in time the Roofing Project is in a bit of a hold pattern. To date we have completed a number of units that were prioritized due to leaks that were causing damage to the homes. There were 8 units that fell into this category. The Hollister House was also included because we thought it made sense to address it while it was in a 'construction state' and therefore minimize interruptions when the actual project kicks off in the spring. Currently three bids have been submitted and the board has selected a winner. Negotiations are taking place with the bid winner to finalize overall scope and cost. We are also exploring financing options at this time.



Once we have the final costs and options for financing, a meeting will be scheduled with the community to convey all of the information being gathered. Stay tuned and be on the lookout for the schedule for this very important meeting. Frank Cisz

Traffic Committee Update



The Committee met recently and identified potential areas in the complex to add additional speed tables in an effort to slow traffic in Meadow Hill. We are waiting on updated bids from two companies; once we have the new bids, we will be able to determine the number of tables we can afford to install.

Another proposal from the committee is to change the traffic flow on the circle near the clubhouse. For vehicles heading east, out of the back of the complex on HWN,

drivers would be required to travel counterclockwise around the circle then back onto HWN to continue toward Main Street. This would serve the purpose of slowing traffic on HWN. In addition, it would create a one-way situation just north of the circle for those vehicles heading west and past the tennis courts.

More information will be presented in future planning/board meetings as we continue to improve resident safety.

Is An AED Right for Meadow Hill?



Did you know that over 1000 people in the US die each day from sudden cardiac arrest (SCA)? Scary but true. Sudden cardiac arrest is when a person's heart stops completely and abruptly. It is different from a typical heart attack and does not respond to CPR. The only effective method to restart the heart is with an electric shock administered with an AED (Automated External Defibrillator). An AED is a portable, user-friendly device that analyzes heart rhythms during sudden cardiac arrest and delivers an electric shock to restore a normal heart rhythm.

The Meadow Hill executive board and an ad hoc AED Committee are exploring the idea of installing an AED in the Meadow Hill Clubhouse. The cost of purchasing such a device was included in the 2026 budget, but the actual purchase/installation has not yet been approved. Because this decision has the potential to affect every resident at MH, we encourage residents to learn more about the factors involved in this decision and let us know your thoughts. To help us all learn more, an EMT from Glastonbury Emergency Medical Services will be at an upcoming Board meeting to present some background information and answer questions. Date and time will be announced when details are final. Watch for an announcement sometime this spring and make every effort to attend!

From the AED Committee (Kathy McCarthy-Proulx, Vicky Germani, Deb Wellington)

Happy April Fools Day

Although the origin of April Fool's Day is not clearly known, we do know it's been around for a long time. One of the earlier known references is in a 1561 poem by Flemish poet Eduard de Dene, who wrote of a nobleman who sent his servant on foolish errands on 1 April. Whatever its exact origin, there is no doubt it has become woven into the traditions of many countries throughout the world, including the US. On this day, it is customary to play harmless practical jokes, hoaxes and pranks on friends and family members, followed by shouts of "April Fool" at the recipient. And the fun isn't limited to kid pranks like placing salt in the sugar bowl. Some of the greatest pranks have been perpetrated on the general public by the media. Here's a sampling:



In Denmark: In 1965, a Copenhagen newspaper reported that Parliament had passed a law that all dogs be painted white to improve road safety because they could then be seen clearly at night.

In Canada: In 2008, WestJet airlines advertised its overhead cabin bins as "among the most spacious of any airline" and said it would charge passengers an extra \$12 to use these "**sleepers cabins.**"

In Germany: In 2009, BMW ran an ad promoting its new "magnetic tow technology." The invention enabled drivers to turn off their engine and get a "free ride" by locking onto the car ahead via a magnetic beam.

In the USA: In 1996, *The New York Times*, *The Washington Post* and four other major newspapers got together to print that Taco Bell had not only purchased the Liberty Bell but was renaming it the "Taco Liberty Bell" as part of a huge advertising promotion. Taco Bell headquarters was flooded with thousands of negative phone calls, and dozens of unknowing employees at the National Park Service got irate calls demanding to know how a priceless historical landmark could be sold to a fast-food company.

In Great Britain: In 1957 a BBC television broadcast reported that thanks to a mild winter, Swiss farmers enjoyed a bumper spaghetti crop. To prove this, it broadcast a **three-minute report** of Swiss farmers carefully plucking, or "harvesting," strands of spaghetti from trees. Legions of viewers were duped, and many called the BBC wanting to know how they could grow their very own spaghetti tree. The BBC advised each caller: "Place a sprig of spaghetti in a tin of tomato sauce and hope for the best."

Have a happy April Fool's Day and remember to check the sugar bowl before you stir it into your coffee!

Maintenance Reminders



Bulk Pickup: The spring Bulk Pickup Day is scheduled for April 21. You may start leaving qualifying items by the barn on April 20, and the bulk items will be taken to the Transfer Station about noon on the 21st. No major appliances, sofa beds or similar heavy items; don't include any items that can be placed in the blue trash bins. Any question about eligibility, contact Darien Covert.

Pickleball/tennis court opening: The courts are expected to be open for use on or about April 15; this date is dependent on weather.

Community Garden Plot: The deadline for requesting a plot in our Community Garden is May 1st. Before then, if you have had a plot previously, please be sure that your garden is free and clear of all weed blocker and stakes. Interested in a plot this year? Contact Darien Covert, our Meadow Hill Superintendent.

Remember to Spring Ahead



Time marches on... and once a year it actually leaps forward by an hour. This year, Daylight Saving Time begins at 2:00 am on March 8, so remember to move your clocks one hour ahead. Keep in mind that even a one-hour clock change can be disruptive to sleep patterns and may lead to fatigue, lack of focus, or mood changes while your body adjusts. To compensate, experts advise getting plenty of rest, sticking to normal routines, and getting outside for some fresh air and sunshine.

Key Dates



March

- 2 – Purim begins
- 3 – Coffee Hour
- 3 – Book Club
- 4 – Board Planning Mtg
- 8 – Daylight Saving Time Begins
- 14 – Pi Day
- 15 - Do Not Touch forms due
- 17 – St Patrick's Day
- 18 - Board Mtg
- 19 – Social Hour

April

- 1 – April Fool's Day
- 1 – Board Planning Mtg
- 1 – Passover Begins
- 3 – Good Friday
- 5 – Easter
- 7 – Coffee Hour, Book Club
- 15 – Tax Returns Due
- 15 – Board Mtg
- 16 – Social Hour
- 21 – Bulk Pickup

COMMUNITY EVENTS



The [Sharing Tree](#) is a quarterly publication that is packed with important information about Glastonbury Senior Center events, educational courses, travel and much more.

Check it out!!

For **Library Events** click [here](#).



Tax Assistance



AARP Tax Counselors will be available, by appointment only, for assistance filing 2025 federal and state tax forms. Please call the Senior Center to schedule an appointment. The AARP Tax-Aide program provides free tax preparation for individuals, with special attention to people age 50 and over. If married, both parties should be present for the appointment. If unable to make your appointment, please call to cancel as soon as possible. The Tax Aide program is sponsored by IRS and AARP, and counselors are certified to prepare most tax returns.

MH Happenings



First Tuesday Coffee Hour



Third Thursday Social Hour



Superbowl party



Social Committee



Valentine Brunch



Superbowl party

Thanks to Donna Whalen and the Social Committee, the year has started off with plenty of social activities. The monthly Coffee Hour and Thursday Social Hour provide an informal chance to visit with friends and neighbors. The Super Bowl party on Feb 8 was super fun! And the Valentine's Day party was a great success.



Valentine Brunch



Super Bowl Party



Valentine Brunch



Valentine Brunch

MEADOW HILL RESIDENT NOTES

Condolences – Our sympathy goes to the families of Irene Adamson, Unit 298 and Al Karan and Glee Davis both of unit 67, and Kathy Collins, Unit 272.

Welcome New Residents – A warm welcome to Sally and Joe Fusco, unit 163 Hollister Way North.

Crafts and Needlework – If you enjoy knitting or crocheting and enjoy giving items to those in need, please contact Linda Fillion at 860-559-5504 for details.

Items such as baby hats, booties, lap robes and prayer shawls are really appreciated by Middlesex Hospital.

MH Book Club – meets the first Tuesday of every month at 1:00 at the clubhouse. Upcoming books:

March - [The Giver of Stars](#) by Jojo Moyes.

April - [The Emperor of Gladness](#) by Ocean Vuong

May – [Orphan Train](#) by Christine Kline

Needleworkers Group Meetings

Do you knit, crochet or embroider? Join the Needleworkers Group on Thursday mornings at 10am in the Clubhouse. Bring whatever you are working on.

Join our Facebook Group at Meadow Hill GburyCT

MEADOW HILL COMMITTEE ASSIGNMENTS

Advisory committees play an important role in Meadow Hill. They provide information and work that improves Meadow Hill beyond what the Board and Property Manager can do without assistance. Below are the committee chairs, liaisons from the Board and Committee members. Let's all thank these community members for their work to make Meadow Hill a great place to call home. Board president is Ex Officio on all committees.



Communications/Welcoming: Gene Flynn, Chair, Mike Proulx, Denise Weeks, Robyn Castano, Chris Keating, Luther Weeks, Jim Fuda, Board Liaison.

Finance Committee - Brenda Berk, Treasurer and Liaison, Deb Wellington, Eileen Swenson.

Grounds:, Chair, TBD, Harris Berloe, Dick Brimley, Dave Fillion, Ron King, Nancy Maloney, Joan Wentworth, Board Liaison – Walter Brownsword .

Capital Improvements Committee - Frank Cisz, Kathy McCarthy-Proulx, Vicky Germani, David Hogan, Dana Kubachka, Ed Litke, Reg Wellington.

Clubhouse Ad-hoc Committee: Board Liason, Brenda Berk, Walter Brownsword. Chair, TBD

Maintenance: Walter Brownsword, Director and Chair, Paul Jenkins. Asst. Chair.

Stables, Greenhouse, Garden as subcommittee: Darien Covert.

Social: Donna Whalen, Secretary and Chair, Dana Kubachka, Linda Fay, Vicky Germani, Hazel Brimley,

Risk Management: Deb Wellington, Director and Chair, Tom Bailey.

Traffic Committee: Jim Fuda, Chair and Board Liaison, Brenda Berk and Paul Frederick.

MANAGEMENT COMPANY

IMAGINEERS, LLC
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Asst: Property Manager: Danielle Merritt
860-768-3300

BOARD OF DIRECTORS

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VICE PRESIDENT

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TREASURER

Brenda Berk
860-463-8262

DIRECTOR

Walter Brownsword
860-633-0207

DIRECTOR

Paul Frederick
860-989-8330

DIRECTOR

Terry Bogli
860-268-1549

To Email Management staff or Board Member click on <https://tinyurl.com/MHillContacts>

BOARD MEETINGS

Monthly Board meetings are held on the third Wednesday of each month at 10:00 AM

Mar 18 & Apr 15
at 10:00 AM
AT THE CLUBHOUSE

Current and previous meeting minutes can be found at www.meadowhill.net

Hard copy minutes are no longer provided.

Lark Editor: Mike Proulx; Lark Designer: Denise Weeks